

# Living Tapestry Workshop

Living Tapestry Workshop & Artist Talk with Emily Rose Michaud, artist and educator working at the crossroads of art and ecology.

This unique workshop will encourage participants to learn the basics of germination while making and experiencing the magic of living embroidery. To make a living tapestry, each participant is offered burlap, a variety of seeds (wheat, teff, red clover, etc.), mineral supplements, and a pizza box to bring their work home.

This is a great way to experiment on a small-scale while learning concrete growing tricks that may be translated into one's own creative practice.

All materials, (including a pdf with instructions and a self-published *Sprout Growing Guide*\*) will be provided. Limited space available for up to 15 participants. RSVP by email or phone in advance.

\*See *Sprout Growing 'Guide* and pdf on next page.



Photo credit: Emily Rose Michaud.  
Process shot from installation *How We Gather, Part I: Shelter*, 2012



Photo credit: Daniel Séguin ([genestho.ca](http://genestho.ca)).  
From installation/performance, *Living Armour (day thirteen)*, 2008.



Photo credit: Emily Rose Michaud.  
From installation *Under Our Highways, Rivers Flow*, 2014.



^ Sprout Out Loud! A Sprout Growing 'Zine and Manifesto of Local Sustenance. ^

# LIVING TAPESTRIES

## MATERIALS:



BURLAP, CHEESECLOTH, FABRIC W/ LOOSE WEAVE.



WATER + MINERAL SUPPLEMENT to ward of MOLD growth + optional \*

### 1 DAY 1:

Soak one half cup seeds of choice (Teff, red clover, alfalfa, kale, china Rose-radish, Buckwheat, wheat, broccoli) for at least 8 hours.

2 Drain and Rinse morning & night & morning one more time.

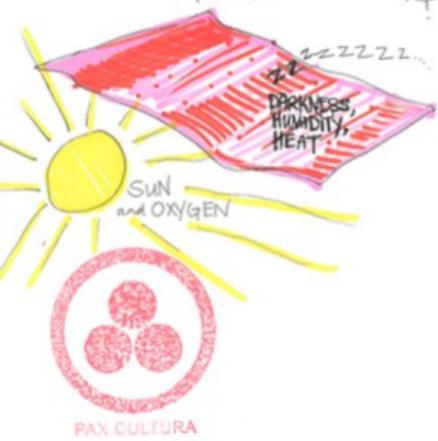
3 Place germinated seeds on wet, burlap surface. \*IMPORTANT: leave room between individual seeds to breathe. Spread them out evenly to avoid mold growth.

4 Set up a dark + humid area for your tapestry to grow. for example: lay down a garbage bag or plastic sheet underneath and ovetop to create a warm, humid greenhouse effect. \*IMPORTANT: ensure that the tapestry does not "bathe" or is drenched in water, all the while ensuring that roots are humid.

5 Towards the seventh day, when the sprouts begin to lift the plastic up, go ahead and uncover the plastic and expose the prouts to the sun, for 2-4 days, all the while watering day + night. (enough to keep root system moist, but never too much water so there is a puddle).

6 When the tapestry seems ready + fully grown (or at its peak), stop watering it. It is now ready to be hung and dried!

7 Be attentive to the needs of your sprouts + let yourself be inspired by the creative process of living art. Enjoy!



Emily Rose Michaud  
artist/educator

- community outreach
- art classes & workshops
- urban & rural ecologies
- performances, installation & land art

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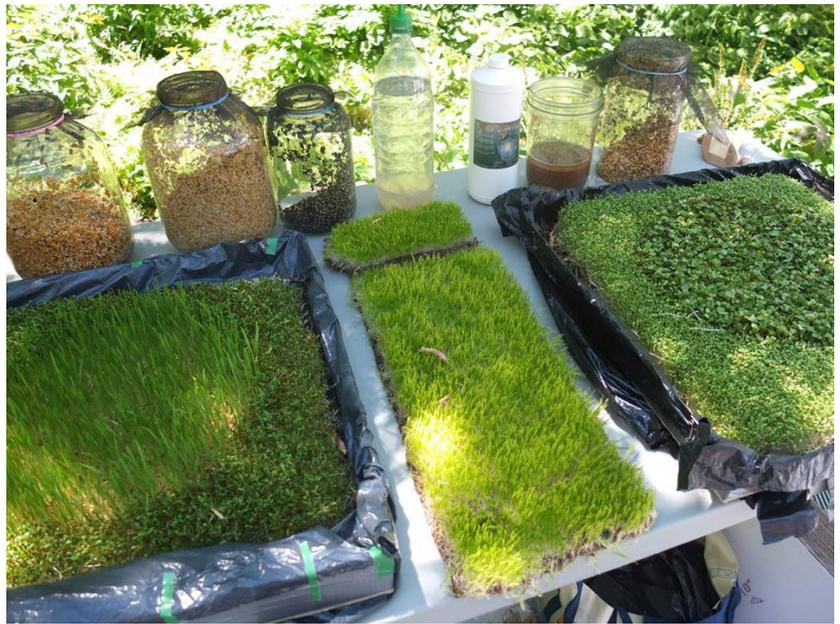
< Living Tapestry 'How To', Illustration PDF

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From installation *Pasture-Fed (Pré carré)*, E.R.M., 2013.

**Emily Rose Michaud** is an interdisciplinary artist and educator working at the crossroads of community organization, ecology and civic participation. Her work highlights the social importance of marginal landscapes, engages with land as a living entity, and maintains a practice in ephemeral media. Her body of work encompasses land-based art, installation, drawing, writing, performance, and intervention. In recent years, her environmental and participatory approach has resulted in a series of in-situ art projects, speaking engagements, community activist art projects, performances and publications. She has exhibited nationally, both in and out of the gallery and has attracted international media attention for her Roerich Garden Project (Montreal).

